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Testosterone therapy in men: 312 placebo-controlled studies – 303 in adults

Healthy adults

Healthy young men

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Thyroid hormone analog D-thyroxine

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Double-blind, crossover, but not placebo-controlled: Desiccated thyroid extract or T3/T4 associations compared with levothyroxine treatments Double-blind randomized controlled trials with significant superior effects of T4-T3 versus T4 alone

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Double-blind randomized controlled study with near significantly superior effects of T4-T3 versus T4 alone

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Double-blind randomized controlled trials with no superior significant effects of T4-T3 versus T4 alone, but more patients preferring T4/T3 than T4 alone

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Non-randomized controlled trials with no superior significant effects of T4-T3 versus T4 alone, but more patients preferring T4/T3 than T4 alone

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Double-blind randomized controlled trial with no superior significant effects of T4-T3 versus T4 alone, but patients with T3-T4 kept a higher TSH (indicative of a too low dose)

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Double-blind randomized controlled trial with globally no superior significant effects of T4-T3 versus T4 alone, except on one parameter where the patients on T4-T3 combinations did better:

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Double-blind randomized controlled trials with no superior effects of T4-T3 versus T4 alone

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Aldosterone: 13 placebo-controlled trials – all in adults

Healthy men: IV aldosterone produces acute cardiovascular (sympathetic) effects (first 45 min after injection) and delayed (5 ½ - 6 ½ h after) increased vagal tone (parasympathetic predominance)

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Healthy men: Aldosterone at 100 µg, tending to increase cardiac vagal activity and enhances the heart rate (tachycardia) response to diastolic blood pressure-reducing nitroprusside

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Healthy men: Aldosterone at 3 µg /min. rapidly impairs the baroreflex response,

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Healthy men: Aldosterone (+7.6%) increases blood flow by increasing NO release and at the vascular smooth muscle cells by promoting vasoconstriction of forearm arteries

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Healthy men: IV aldosterone rapidly attenuated endothelium-dependent vasodilatation to acetylcholine (-28% less vasodilatation)

Healthy men: Aldosterone increases phosphocreatine recovery in muscles to significantly higher levels immediately after isometric contraction within 8 min of aldosterone administration

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Healthy men: Aldosterone reduces the excretion of sodium and chloride and increases excretion of potassium and (net) acid in the urine

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Healthy men: no obvious effect on sleep of aldosterone

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